

What to Expect during Caesarean Section



Interior Health
Every person matters

Patient Information

www.interiorhealth.ca

One support person, identified by the expectant mother, may attend a Caesarean section delivery done under spinal anaesthesia with the consent of the Obstetrician and the Anaesthetist.

The support person is the emotional support of the mother and will remain seated at the head of the operating room table at all times.

The support person must leave the operating room immediately if asked to do so and return to waiting area.

Surgical clothing including a hat and mask will be provided for the support person to wear in the operating room.

Photographs of the Caesarean section operation are not allowed; the operation will be screened from view by sterile drapes. Still and/or video photographs of the baby and the mother may be taken when the mother is holding the baby. Pictures of the physicians or the nurses may be taken only with their consent.

After the baby has been assessed at the baby's care table, the baby will be brought to you. At this time your support person can take pictures of you and your baby.

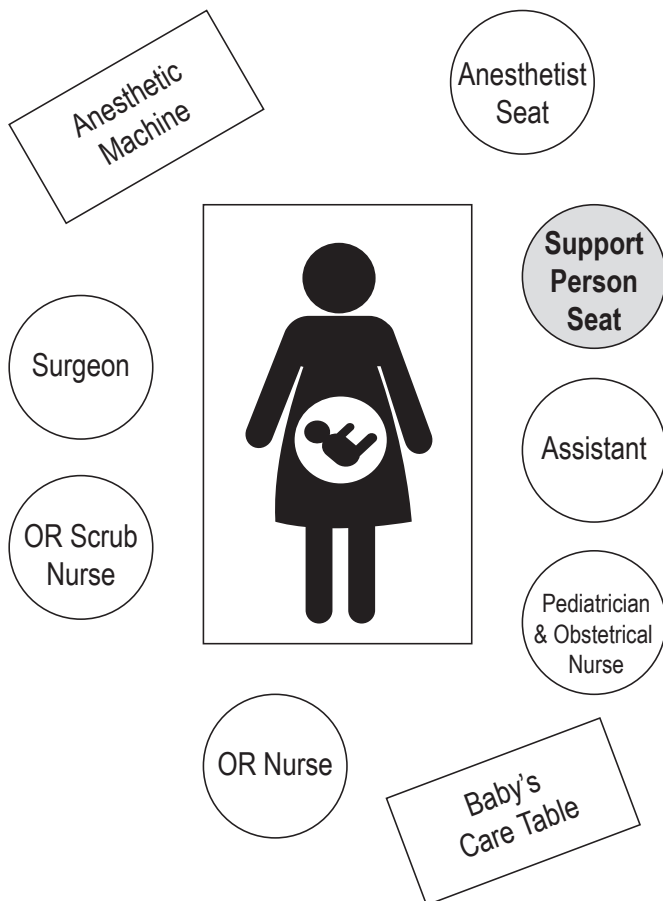
During transfer to the recovery room, the baby will be in an incubator. Your support person and the baby will travel with the Obstetrical nurse to be with you in the recovery room.

If your baby needs to be transferred to the NICU, your support person will travel with the baby and the Obstetrical nurse.

You will be in the Recovery Room before returning to Postpartum unit. The baby will be placed skin to skin with you as soon as possible in the recovery room. The Obstetrical nurse will assist you and your baby to breastfeed.

The baby may be transferred skin to skin with you to the postpartum unit. The support person will travel with you and the Obstetrical nurse.

In the first 24 hours, it is recommended that a support person stay with you and your baby.



Healthlink BC	Nurse	24 hours a day	Daily	Call 8-1-1 to speak with a nurse, ask a dietitian about nutrition, or a pharmacist about your medication.
Call 8-1-1	Dietitian	9 am–5 pm	Mon–Fri	
	Pharmacist	5 pm–9 am	Daily	
	www.healthlinkbc.ca	Hearing Impaired	Call 7-1-1	